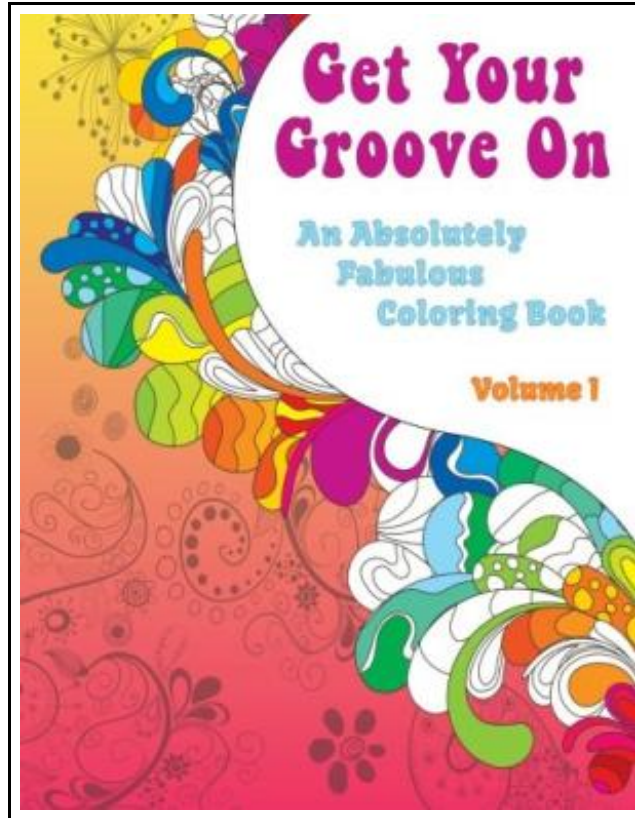


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Reviews

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(Hillard Macejkovic)

GET YOUR GROOVE ON: AN ABSOLUTELY FABULOUS COLORING BOOK (PAPERBACK)



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Vintage Pen Press, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Remember the 60s and 70s? The British Invasion and Woodstock? Get ready to relax and take a stroll down hippie lane. This grown up coloring book is a magnificent portrait of one of the most revolutionary times in history! From miniskirts to knee-high patent leather boots to fringe on everything, GET YOUR GROOVE ON takes you back to the good old days of hippies, flowers and love. Kumbaya was the global love song and a coke was the drink of choice. This feel good adult coloring book is filled with pure beauty and fun, just the way the Haight Ashbury meant life to be. With swirls and curls ready to be colored with your crazy good neon colored pencils, metallic gel pens and squiggly fine liners, these 40 images are an intoxicating mixture of psychedelic, flower power and rock and roll just waiting for you to bring your creative color genius to the table! (40) Images with easy, medium and complex patterns Single-sided printing - frame your favorites Coloring test pages included >>> Relieve Stress and Anxiety with Art Therapy Famed psychologist Carl Jung prescribed color therapy to his patients, and psychiatrists have been recommending coloring pages for over 100 years. From simple patterns to complex and detailed designs, let your anxiety melt away as you color these stress relieving patterns. >>> Enhance Your Focus, Fine Motor Skills Vision Adult coloring books allow you to focus while remaining in a relaxed and meditative state. Researchers have found that this allows the frontal lobe of the brain to open, which is the home of organizing and problem solving. Coloring pages requires you to use both hemispheres of your brain, which improves your fine motor skills...



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